



Mountainside Public Library Newsletter – March 2016

The Library will be closed on March 25th in observance of Good Friday.

SPRING BOUTIQUE: Friday, April 1st Noon to 5PM and Saturday, April 2nd 10 AM to 5 PM

Join us for a **Spring Boutique**, hosted by the Friends of the Library. The sale will feature gently used jewelry, handbags and fashion scarves, all at unbeatable prices. What a great way to accessorize that perfect Prom or special occasion outfit! Donations of sale items are still being accepted at the library. **No woolly winter scarves, please!**

All proceeds from the sale will be used by the Friends to support and enhance library programs and services.

“BROWN BAG ACADEMY”! Mondays 1:15 to 2:45 PM

Experience the joy of learning with **THE GREAT COURSES**. Watch three lectures each week, with a 15 minute break after the first hour, to digest what you have learned and discuss with other audience members.

Our next course will begin on Monday, March 7th and will run for 8 weeks. We will feature

Experiencing America: A Smithsonian Tour Through American History presented by **Professor Richard Kurin, PhD., of the Smithsonian Institution.**

You may bring your bag lunch. Coffee, tea and cookies will be provided.

Please call the library at 908-233-0115 to register.

15 MINUTE CHILD BREAK, by Partnership for a Drug-Free New Jersey
Thursday March 3rd, 7:30 PM.

Bill Lillis, from Partnership for a Drug-Free New Jersey, will present a substance abuse prevention parent education program. The 15 Minute Child Break is a one-hour, interactive, multimedia presentation, based on current research, that will inform, encourage and empower parents, educators and care givers to effectively communicate with children about the dangers of drugs and alcohol. Topics include the effects of specific drugs, strengthening parental skills, influence of media and pop culture and utilizing teachable moments. Please call the library at 908-233-0115 to register.

FROM FOOTLIGHTS TO FLASHLIGHTS: DRAMATIC PERFORMANCE AND BOOK SIGNING

Saturday March 5th, 2 to 3 PM.

From Footlights to Flashlights: Ten conceptual plays that reach and teach teens. by Gwyn English Neilsen is an anthology of character-building plays, each focusing on a specific theme related to a challenge that adolescents often experience in today's society. From Footlights to Flashlights contains one act pieces that could be referred to as “morality plays” as each teaches a message, a moral. Several have been performed in Middle and High School settings to rave reviews. Themes include good vs. evil, identity, peer pressure, romantic love, inequity, manners, miscommunication, sexism, grief, and tolerance— all relevant given today's ever changing, moral and ethical climate.

Gwyn English Neilsen is a teacher of English and communications at Scotch Plains Fanwood High School and has been writing, producing and teaching on the secondary school level for the past ten years.

Join Gwyn, as she and her students present three selections from this internationally acclaimed collection. Gwyn will sign her books after the performance and copies will be available for purchase.

Please call the library at 908-233-0115 to register.

HANDWRITING ANALYSIS... A PORTRAIT OF PERSONALITY, with Bernice Krieger

Saturday March 12th, 11 AM to NOON.

Everyone is interested in learning about him/herself, and the starting point of constructive living and growth is self-knowledge. Join Graphology expert Bernice Krieger for a lecture, slide show and demonstrations, including individual samples that will provide in depth character analyses of the participants. Ms. Krieger has presented lecture/demonstrations throughout the country, and is a consultant to many. Each analysis she does is discreet and takes only a few minutes, offering an insight to individual personalities and interests.

Please call the library to register at 908-233-0115.

This program is sponsored by the Friends of the Mountainside Library.

SATURDAY MUSICAL GETAWAYS: “Perfectly Frank”, with Dave DeLuca.

Saturday, March 12th, 2 PM

Come fly away with Dave DeLuca as he pays tribute to Frank Sinatra! During his lifetime, Ol' Blue Eyes defined the Great American Songbook for decades with verve and panache. "Perfectly Frank" celebrates the man and his music as well as the great composers, lyricists, and musical arrangers who put their indelible stamp on an incredible period in American musical history.

Please call the library at 908-233-0115 to register.

Saturday Musical Getaways are sponsored by the Friends of the Mountainside Library.



SCOTCH PLAINS & MOUNTAINSIDE LIBRARIES' CAREER NETWORKING GROUP

Monday, March 14th, 6:30PM, at the Mountainside Public Library.

The Art of Learning and Reinvention for Today's Careers

The work world requires continual reinvention. How do you catch up and keep pace with expectations? Learn how to market yourself by staying current in your learning and understanding what employers are asking for in today's job market. This session will be informative and interactive.

Lisa Chenofsky Singer's coaching and human resources expertise, coupled with her entrepreneurial spirit, lays the foundation for her strategic thinking with a tactical approach for transitional career intervention and planning to support the client's goals.

Lisa works with executives, emerging leaders, and professionals struggling in their current role and/or looking to reinvent themselves—individuals re-launching after a gap and individuals starting out needing to establish their career strategy. She specializes in bringing awareness to her clients, enabling one to see alternative options for success.

RSVP to the Mountainside Public Library by phone: 908-233-0115.

This program is free and open to the public.

Connect with the libraries' Career Networking Group on LinkedIn, Career Networking Group at SPPL.

MONTHLY GUIDED MEDITATION SERIES with Sally Younghans

Thursday, March 17th, 7:30 to 8:30 PM.

Join us one Thursday each month, as we explore and experience the most talked about evidence based meditation techniques for inner peace, overall wellbeing and stress reduction. The series will meet the third Thursday of most months, with exceptions TBA.

March: Exploring intentions and affirmations.

Please call the library at 908-233-0115 to register.

This program is sponsored by the Friends of the Mountainside Library.

PHYSICAL FITNESS SERIES with Susan Rele, PT, DPT, Cert. MDT

Thursdays, March 24th, April 28th and May 26th, 7 to 8 PM.

How fit are you?

Join Susan Rele, PT, DPT, Cert. MDT of Americare Physical Therapy in Mountainside for a series of interactive seminars.

March 24th: *Staying fit as you age.* Identify your risks of injury and learn how to stay fit through the different decades of your life.

April 28th: *Fit to exercise?* All age groups will learn how to assess their return to exercise after an injury and their ability to safely return to different sports or exercise activities.

May 26th: *Ready for golf?* This seminar will promote awareness of correct posture during the golf swing.

Please call the library at 908-233-0115 to register.

NJ MAKERS DAY

Saturday, March 19th, 11 AM to 4 PM.

Join us for the second annual NJ Makers Day at the Library. NJ Makers Day is designed to be a statewide event that celebrates, promotes, and in many cases may introduce maker culture, as well as the values associated with making, tinkering and STEM-based learning. Community members of all ages are invited to join us for an exciting day filled with activities focusing on maker culture. Come and see demonstrations of our new 3D printer! Sign your family up to explore a variety of hands-on projects and activities: making something from nothing! All ages are welcome. Parents must remain with their children.

Please call the library at 908-233-0115 to register.

TUESDAY NIGHT MOVIES

Shown in our Community Room at 6:30PM, unless announced otherwise. Please see our website for details.

Mar 1: THE BRIDGES OF MADISON COUNTY (1995) drama/romance – 2 hours 44 minutes **NOTE: START TIME 6:00PM**

Rated PG -13

Mar 8: SAN ANDREAS (2015) action/adventure – 1 hour 54 minutes

Rated PG-13 for intense disaster action and mayhem throughout, and brief strong language.

Mar 15: THE MARTIAN (2015) science fiction/fantasy – 2 hours 14 minutes **NOTE: START TIME 6:00PM**

Rated PG-13 for some strong language, injury images and brief nudity.

Mar 22: MERU (2015) documentary – 1 hour 27 minutes

Rated R for language.

Mar 29: A WALK IN THE WOODS (2015) drama/action/adventure – 1 hour 38 minutes

Rated R for language and some sexual references.

OPERA FESTIVAL Second Friday of each month. Show starts at 1PM.

Our very popular Opera Series continues for a fourth season, featuring acclaimed operas on DVD, presented on our theater system.

Presented by the T. ROBEL HILL FOUNDATION and Mena Clemson.

March 11, 2016:

La Cenerentola by Gioacchino Rossini Starring Frederika Von Stade and Francisco Araiza.

1981 La Scala Conductor: Claudio Abbado 2 hrs. 31 mins.

All programs are presented for the purpose of public education and/or entertainment. Programs presented by the Mountainside Public Library do not imply an endorsement of any product, service, method or philosophy by the library.

Mountainside Public Library

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www.mountainsidelibrary.org

