



## Mountainside Public Library Newsletter - January 2017

The Library will be closed on Monday, January 2 (New Year's Day Observed) and on Monday, January 16 Martin Luther King, Jr. Day.

### **"BROWN BAG ACADEMY"!**

**Mondays 1:15PM to 3:00PM**

Experience the Joy of Learning with **THE GREAT COURSES**.

Our popular Great Courses Winter Semester course, "**The Foundations of Western Civilization**" instructed by Thomas Noble, Ph. D. from the University of Notre Dame, started on December 12 and continues on January 9, 23 and 30 this month..

Bring your lunch; coffee, tea and cookies will be served for desert! Come early to get your seat!

Please call the Library at 908-233-0115 to register.

*Brown Bag Academy is sponsored by the Friends of the Mountainside Library.*



### **SCOTCH PLAINS & MOUNTAINSIDE LIBRARIES' CAREER NETWORKING GROUP**

**Monday, January 9<sup>th</sup>, 6:30PM, at the Mountainside Public Library.**

#### **HAPPY LANDINGS!**

The road to new employment is rarely effortlessly traveled, but the experience wizens and prepares us for the next inevitable transition. Come and listen to the stories of CNG alumni who successfully navigated the job search maze and landed. They will share tips and lessons learned and how networking led them to their new professional roles. They give back through their stories so that you can land your new job or move to your new career.

Join us for an evening of frank discussion about what it takes to land your next job and how to navigate the twists and turns on your path to re-employment.

RSVP TO THE MOUNTAINSIDE PUBLIC LIBRARY at 908-233-0115.

This program is free and open to the public.

*Connect with the libraries' Career Networking Group on LinkedIn, Career Networking Group at SPPL.*

### **MONTHLY GUIDED MEDITATION SERIES with Sally Younghans**

**Thursday, January 19<sup>th</sup>, 7:30 to 8:30 PM.**

Join us every month as we explore and experience the most talked about evidence based meditation techniques for inner peace, overall well-being and stress reduction. This month Sally Younghans will be teaching a self-guided meditation technique using visualization and prompts.

Please call the Library at 908-233-0115 to register.

*The Guided Meditation Series is sponsored by the Friends of the Mountainside Library.*



### **"SOCIAL SECURITY WORKSHOP", with Neil Berger**

**Saturday, January 21<sup>st</sup>, 10:30 AM – 12:30 PM.**

What is the earliest age at which you can begin receiving Social Security benefits? How much can you earn in a year and still collect benefits? When should you apply? Get answers to these questions and much more. Neil Berger developed a seminar for employees entitled "67 is the New 65—Social Security Basics" while Director of Human Resources at a major corporation. He returns to the library to present an expanded and revised version of this program which is current, relevant, objective, unbiased and incorporates the newest rules. If you are approaching eligibility in the next 5 years or are a caregiver for someone approaching retirement, this 2 hour seminar is for you. (Note: Mr. Berger is not affiliated with a financial organization, nor is he selling a service or product.)

*The Social Security Workshop is sponsored by the Friends of the Mountainside Library.*

### **"THEN, NOW AND FOREVER: LIFE STORY WORKSHOP", with Donna Atkins**

**Saturday, January 28<sup>th</sup>, 2:30 PM.**

Would you like to create a written record of your life experiences to share with family and friends? Could you use a little help or a little motivation to get started? Donna Atkins, "The Life Story Lady", will help you delve into your memories with ease through inspiring examples, guided activities, interactive exercises and constructive feedback. Ms. Atkins is an award-winning communications specialist who has spent a lifetime working with individuals, groups and organizations in the application of narrative and storytelling.

Please call the Library at 908-233-0115 to register.

*This program is sponsored by the Friends of the Mountainside Library.*

## **SATURDAY MUSICAL GETAWAYS: “KIPLING’S JUNGLE BOOK”, presented by the New Jersey Symphony Orchestra (NJSO).**

**Saturday, January 28<sup>th</sup>, 11:00 AM to Noon.**

In a playful and humorous manner, the NJSO’s version of Kipling’s *Jungle Book* introduces young audiences to classical master works and to various styles of music. Narration of the story alternates with brief musical interludes using bassoon, viola and brass, puppets and toy animals and brings this program to vivid life! This program offers many opportunities for audience participation. Children may conduct the musicians, try out some of the world instruments (rainstick, drums, and clackers) or get a dance lesson from a toy monkey!

For children ages 4 to 11 as well as adults of all ages!

Please call the Library at 908-233-0115 to register.

*Sponsored by a grant from the Watts Mountainside Community Foundation*



## **TUESDAY NIGHT MOVIES**

Shown in our Community Room at 6:30PM, unless announced otherwise. Please see our website for details.

- Jan 3: ME BEFORE YOU (2016) drama – 1 hour, 50 minutes  
Rated: PG for thematic elements and some suggestive material
- Jan 10: MONEY MONSTER (2016) drama – 1 hour, 30 minutes  
Rated: R for language throughout, some sexuality and brief violence
- Jan 17: FLORENCE FOSTER JENKINS (2016) comedy/drama – 1 hour, 50 minutes  
Rated: PG-13 for brief suggestive material
- Jan 24: MISS YOU ALREADY (2015) comedy/drama – 1 hour, 52 minutes  
Rated: PG-13 for thematic content, sexual material and some language
- Jan 31: THE LADY IN THE VAN (2015) drama – 1 hour, 44 minutes  
Rated: PG-13 for a brief unsettling image

## **OPERA FESTIVAL Second Friday of each month. Show starts at 1PM.**

Our very popular Opera Series continues on Friday, January 13<sup>th</sup>, 2017

Featuring acclaimed operas on DVD, presented on our theatre system.

Sponsored by the T. ROBEL HILL FOUNDATION and Mena Clemson.

***Der Zarewitsch*** by Franz Lehár – Starring Wieslaw Ochman & Teresa Stratas  
The Symphonie-Orchester Kurt Graunke is conducted by Willy Mattes. 1 hr., 31 min.



*All programs are presented for the purpose of public education and/or entertainment. Programs presented by the Mountainside Public Library do not imply an endorsement of any product, service, method or philosophy by the Library.*

**Mountainside Public Library**  
**1 Constitution Plaza, Mountainside, NJ 07092**  
**908-233-0115**  
**[www.mountainsidelibrary.org](http://www.mountainsidelibrary.org)**

